

10 - Gwytherin to Pandy Tudur 3.4 miles/5.5 kms

There are two alternatives from here.

**1. The Main Route** - Take the signposted footpath alongside the Lion Inn and beside the phone box and seat to go uphill through a wooded glade to emerge in a field. This path is indistinct and if you leave the woodland before the top walk with it (wood) to the left. Walk uphill and head for a stile to the left of Penygraig (derelict) farmhouse.

Go over the stile and turn right behind the buildings to another stile onto the access track. Turn left along this to the top of the hill where it bends right. Turn right and go through the gate to the lane. In about 70 metres cross over left towards the fence. Walk alongside the fence and through a kissing gate. Cross the stile in the fence to get to the road.

Turn left along the lane to the junction at Ty-uchaf-i'r-ffordd. (continued below)

2 Via Pennant - The Abbey where St Winefride spent her final years is reputed to be in this remote valley. Little, if anything, remains. To visit this site take the road past the Lion Inn and up into the valley. Ignore the road going uphill and go downhill to reach another road going off to the right. This is the access road to Taipellaf. Follow this past the farm and buildings. The putative site of the Abbey is marked by a large stone mound on your left. Continue up this track through gates to the lane and turn right. Take the path on the left through a gate and follow through two more gates directly ahead on to rough countryside – the path here is intermittent and indistinct. Eventually you join a fence on your left - follow this to a stile. Go over it, head for the track ahead and follow this to the road at Ty-uchaf-i'r-ffordd. Note this section is over rough country which can be extremely wet and difficult. Note too that this section is not waymarked with Pilgrim's Way markers.

Turn right and take the lane towards the farms. After passing the entrance to Bryn Pair Uchaf follow the road until it bends to the left. Here go through the gate ahead. After the third gate go left alongside the hedge and then turn right with the hedge and wood on your right. Follow this bridleway to join the lane to go past the entrance to Ty Celyn. Shortly after passing a gate on your left go over the stile, also left and follow the path through two metal kissing gates down to Pandy Tudur.