

## **15 - Penmaenmawr (Stone Circles) to Abergwyngregin 6.6 miles / 10.6kms**

To join from Penmaenmawr start from the car park behind the the Library off Bangor Road. Go up the steps to the left of the flats, at the top of the steps turn right then veer left (ignore the first stone track on your left) and follow the lane with houses on your right along the edge of the playing field and on to the road. Turn left and then right at the first footpath past the cottages (conversion of the old Craiglwyd Farm) to rejoin the North Wales Path and the Wales Coast Path at the distinctive slate marker post.

After visiting the Stone Circles return to the main path and follow it westwards to a marker post where the Wales Coast Path leaves right to go down to Llanfairfechan. Now continue ahead on the waymarked North Wales Path which eventually goes past a farm and follows the farm track to a tarmac lane. Continue ahead down the lane to a T junction. Turn left and follow the road down to the entrance to Nant y Coed Nature Reserve.

Continuing on the North Wales Path, cross the stream and bear right following the road (Valley Road ) to join Terrace Walk. Ignore the first footpath on the left and continue to reach a metal kissing gate on your left. Turn left and follow the path which now climbs steadily uphill to reach a metal kissing gate in a wall. The path continues uphill for another 0.3 mile/0.5 km crossing open land to eventually reach a large stone at the Roman Road. Turn right to follow this ancient route down to a small car park. Follow the road down to the bridge in the forest at Abergwyngregyn The village is about a kilometre down the road.