

## **2 - Pantasaph to Maen Achwyfan 3.3 miles/5.3 kms**

Leaving the Monastery by walking along the path past the entrance to the Stages of the Cross and turn left. At the road junction turn right to the next road junction. Cross over the road to the footpath at a stile and gate. Take this path with the hedge on your right to the community of Lloc. Cross over the road to the cross roads at the Rock Inn and turn right to walk along the pavement. Take the second footpath on your left (next to a well hidden house) to go through the gate into the wood. Immediately turn right and follow the delightful woodland path. At the junction take the right fork to the end of the wood. Turn left and follow the footpath which eventually becomes a track and a bridleway.

Follow the bridleway to cross a road on to another bridleway. Immediately go left over a stile and head for the gate to the left of the farmhouse (Garreg Farm). Go through and walk along the bridleway to the right of the farm buildings and up to a track turn left along this and shortly turn right to go up hill into the woods (Coed y Garreg). As you enter the woods turn left along the woodland path. Follow this to the stile at the end of the path. On your right is the summit of the hill with its reputed Roman Pharos. (This is a magnificent viewpoint.)

Cross over the stile and go diagonally right to another stile and then to a stone stile alongside the cottage. Turn left to the staggered junction with Maen Achwyfan in the field.