1 - Basingwerk Abbey to Pantasaph 3 miles/4.6 kms

OS Explorer Map 265

Leave the Abbey by walking towards the Old School and then left up the Greenfield Valley. You may wish to obtain a guide leaflet on the Valley at the Information Office. This tells you about the various sites you will pass on your way. When you reach the site of the former St Winefride Halt take the footpath (right fork) out of the valley to the main road and to St Winefride's Well.

After visiting the Well take the track opposite past the small car park. The hill to the left of you is the hill where St Beuno performed his miracle. There is a well dedicated to him at this point. Continue up the track until it bends to the right to the farm. At this point go left up hill towards the right hand corner of the last of the new houses. Walk past this house to the road.

Taking care cross the road to go up Brynffynnon Terrace passing the houses on your left to a green path. Take this uphill over a stile to go to a gate. Cross the track and go over a stile. Continue uphill with the hedge on your left. Ignore the two stiles going off to the left and go to the stile ahead. Cross over and bear right to walk to the right of the power line to another stile. Cross over and go diagonally left uphill following the power line to a stile in the top corner of the field.

Cross over this and walk with the fence on your right to a gate stile. Go through or over and directly ahead. The path goes over the top of the hill, a magnificent view point. Go diagonally down to the left hand side of the cottage. Cross over the stile to the track and turn right uphill. Go through the gate and bare left to go above the disused quarry. Head directly for the stile and gate ahead.

Go through the gate or over the stile and then directly ahead. At the wall around the wood turn left downhill to a kissing gate. Go through and then over a stone stile into the Churchyard of Pantasaph Monastery.