Alternate Route to St. Gwynhoedl, Llangwynadl

Leave the main Pilgrims Way Path at Penlleth beach/Traeth Penllech. Follow the slipway up the bank and follow the path inland to a lane next to a carpark which is on your right. Turn right onto the lane and follow the winding lane to a footpath on the left next to a house and after a couple of sharp bends (one left and then one right). Go through the kissing gate and head for the corner of the fence. Keeping the fence to your right, follow it until you reach a school courtyard which you go through to reach the lane. Left here and follow the lane until you reach the church of St. Gwynhoedl on the right.

Leave the church and turn back along the lane you came in on (turn right onto the lane from the church). Look for a kissing gate on the left into a field and follow the hedge line until you reach another gate into a small dip. Turn half-left to go up the incline and across a field to another gate. Follow the fence to a farm and going round to the right of it, join the farm lane to the road.

Turn right onto the lane, and in about 50m go through a gate into a field and walk along the raised embankment. At the end of this raised feature, you reach a field which you cross to a house. Through the gate and keeping the house to your left, find a gate in the top left hand corner of the enclosure. This path is tightly enclosed by a hedge, but follow this to the end and it brings you out to a lane which you continue left on.

Follow this lane until a junction where you take the right hand fork. Continue on this lane until you pick up the Pilgrims Way Path which comes in from your right from Porth Widlin a further 1500 m down the lane. This then follows the Pilgrims Way Path to Whistling Sands/Porth Oer.